

ARR Club Information

The club was incorporated in November, 1970, as a non-profit organization to promote running for health and fitness and is governed by a volunteer **Board of Directors**.

Presently, the club produces runs of all types annually, from 1 mile to 50 kilometers. In addition, the club assists at many additional runs, providing equipment and expertise to organizations to raise funds for worthwhile projects.

Now through the **Arizona Road Racers** you can buy your own personal chip that can be used at any ChampionChip timed event in the world. In addition, the ChampionChip Company is working on a web page that will record race information on all chip owners.

Chips bearing the **Arizona Road Racers** logo will be available at all club events for \$35.

Join the **Arizona Road Racers** through active.com or by filling out a brochure at any of our races

ARR Membership Benefits

- Arizona Running 2010 Logbooks to all members
- Discounts at businesses like the Runner's Den, the New Strapped Jock, the Scottsdale Running Company, RunAZ, Sole Sports Running and Road Runners Sports
- Discounts to club runs when you pre-register
- The Arizona Road Racers offer discounts to chip owners on our chip-timed events throughout the year.
- Quality race with results appearing on this web site usually on the same day.
- Free weekly coaching sessions available at Rose Mofford Park and Scottsdale Community College. Go to the ARR website for details, www.arizonaroadracers.com.
- Camaraderie and fellowship of a nice bunch of runners.
- Bimonthly issues of the *ROADRACER* containing results, stories and pictures.

Registration

- **To register by mail**, fill out the entry form on the back of this brochure, sign it and mail with payment to the address on the form.
- **Online registration** is available at active.com.
- **Day-of-race registration is available**. Payment via cash or check only.
- Thanks to the Arizona Road Racers Board of Directors, race entry is free for runners age 17 and under who register before 11:59 PM on May 27, 2010 (t-shirt not included). Full price must be paid on the day of the race.

Race Information

- The Fourth of July Race will be a "Four on the Fourth" (i.e., 4 Miles). All the other races in the summer series will feature a 5K Run and a 5K Walk.
- **IMPORTANT:** This summer series race has a different format in that the start times are handicapped by age and gender. We start the timing clock at 7:30 AM. If you are female and 35 years old, when the clock reaches 12:06 (i.e., 12 minutes and 6 seconds) into the race, you start running.
- Free entry is available to all kids, 17 and under as long as you pre-register by mailing the entry to the ARR post office box (t-shirt not included). Free entry will be **not** be granted if you (1) call the club hotline the day before the race to try to register, (2) wait till the day of race to register or (3) fax your entry to the ARR. If you register on-line, you will not receive a refund from the ARR.
- Overall (run and walk) and age group awards (run only) will be given out at each race. Only one medal per person (i.e., no double dipping)
- There is a point series with medals to the top 3 overall run and top 3 overall walk as well as the following age groups (run only): 10 and under, 11-13, 14-17, 18-24, 25-29, 30-34, 35-39, 40-44, 45-49, 50-54, 55-59, 60-64, 65-69, 70-74, 75 and over. Entrants **must complete 4 races** to qualify for series ending awards that are distributed at the I-Did-A-**Green**-Run on September 12.
- T-shirts and tank tops will be available for purchase throughout the series. Shirt sizes are only guaranteed if they are picked up before the race begins.
- The first race is handicapped by age and gender. Because the park gates do not open until 5:30 AM, the race will start at 7:30 AM. Registration opens at 6:30 AM and closes at 7:15 AM
- Food and drink will be provided after the race.
- Rest of the summer series schedule -- #2 at Reach 11 Arizona Horse Lovers Park on June 13, #3 at Rio Vista Park on July 4, #4 at Kiwanis Park on July 17 and #5 at South Mountain Park on August 8.
- Summer Series #4 is a part of the 2010 ARR Grand Prix Series, too.
- For more information, please call the Arizona Road Racers hotline at (602) 954-8341 or emailing the race director at <info@arizonaroadracers.com>



The Arizona Road Racers Summer Series #1

**Ramadas 9 & 10 at Papago Park
455 N. Galvin Parkway
Phoenix**

**5K Run & Walk Handicapped by
Age and Gender**

**Saturday, May 29, 2010
7:30 AM**



ARR Summer Series #1
5K Run, 5K Walk
Saturday, May 29, 2010

Make Checks Payable And Mail To
Arizona Road Racers
P.O. Box 37876
Phoenix, AZ 85069-7876

PLEASE PRINT
MUST BE FILLED OUT COMPLETELY

Chip ID (if you own one)	T-Shirt				Distance		Total
	S	M	L	XL	5K Run	5K Walk	
Last Name					First Name		
Address					City	State	Zip
Home Phone			Age	Date-Of-Birth (mm/dd/yyyy)		Male	Female
E-Mail							

Please read and sign the waiver form. Thank You. RELEASE FORM (MANDATORY); All applications MUST be signed to enter this event. NO REFUNDS OR TRANSFERS

I understand that participation in the 2010 Arizona Road Racers Summer Series involves running in extremely hot and humid conditions that make this a grueling race. I understand there is risk of damage, illness or death due to the heat and humidity. In consideration of the above, I fully assume all risks of damage, illness, injury or death I/(my child) may suffer as a result of participation in the race (including travel and any race related activity) or as a result of the negligence of any of the Releasees identified below. I voluntarily waive any rights, claims, and causes of action I have or may have against the following Releasees and their agents, representatives, successors and assigns: The Arizona Road Racers, USA Track & Field, the cities of Peoria, Phoenix and Tempe, the Parks and Recreation Departments of the cities of Phoenix and Tempe, Peoria Community Services Department and any race officials, volunteers, sponsors, or anyone associated with this event. I understand my right to bargain for different waiver of liability terms and waive that right. The foregoing release is binding on me personally, as well as upon my heirs, executors, administrators, personal representatives, successors and interested persons who might make a claim on my behalf. I further state that I am in proper physical condition to participate in this event I will additionally permit the free use of my/(my child's) name and/or picture in a broadcast, telecast, newspaper, on a website or account of this event. IF ATHLETE IS UNDER 18: This is to certify that my child has my permission to compete in the 2010 Arizona Road Racers Summer Series, is in good physical condition and that race officials have permission to authorize emergency treatment if necessary. I warrant that all statements made herein are true and correct and understand that Releasees have relied on them in allowing me/(my child) to participate. **\$25 charge for returned checks. I UNDERSTAND I AM REQUIRED TO RETURN THE CHAMPION CHIP TIMING DEVICE ISSUED TO ME OR I WILL BE LIABLE FOR A \$35 REPLACEMENT FEE.**

Entrant's signature (Parent or guardian signature if under 18 years of age) & DATE

To respect the runners and volunteers who are runners, registration closes 10 minutes prior to the start of the race.

Circle the fee that applies	Thru 5/14	After 5/14	Race Day
5K Run/5K Walk (t-shirt not included)	\$10	\$14	\$20
ARR Member Discount	-\$2	-\$1	NA
ChampionChip Owner Discount	-\$1	-\$1	NA
T-Shirt	\$7	\$8	\$10
ARR Member Special Series Fee -- register for all 5 races using this one form (t-shirt not included, no other discounts allowed)	\$25	\$30	\$40
Non-ARR Member Special Series Fee -- register for all 5 races using this one form (t-shirt not included, no other discounts allowed)	\$35	\$40	\$50
Purchase A ChampionChip	\$35	\$35	\$35
ARR Single Membership	\$20	\$20	\$20
ARR Family Membership	\$30	\$30	\$30
Running Arizona 2010 Logbook	\$14.95	\$14.95	\$14.95
Total Cost			



MYLAPS ChampionChip